Nikon Z 8 Experience

The Still Photography Guide to Operation and Image Creation with the Nikon Z 8

an e-book by:

Douglas J. Klostermann



PREVIEW of

Nikon Z 8 Experience

The Still Photography Guide to Operation and Image Creation with the Nikon Z 8

Updated for Firmware 2.00

by Douglas J. Klostermann

All rights reserved. This e-book is licensed for your personal enjoyment only and may not be resold, file-shared, distributed, sub-licensed, or given away. This book can be printed for your personal use (PDF version) and read on your personal devices. Otherwise no part of this book may be reproduced or transmitted in any form or by any means, electronically or in print, without expressed permission from the author. Every effort has been made to make this e-book as accurate as possible, but no warranty of fitness is implied. The information is provided on an asis basis. The author shall have no liability or responsibility with respect to any loss or damages arising from the information provided in this e-book including but not limited to the use of any of the materials or methods described, the products, retailers, Internet web sites, or links provided. Please read and follow all instructions and use, safety and handling precautions expressed in the manuals provided with your equipment and software, and which take precedence over any content in this work.

All contents including cover design, text, and photographs, with the exception of products, brands, logos, and contents of menus and screenshots, are copyright by the author, except as noted. All products, brands, logos, and contents of menus and screenshots are property of the respective companies and websites. Terms which are trademarks or service marks in this e-book are used in an editorial and educational manner, and should not be regarded as affecting the validity of any trademark or service mark. Nikon Z 8 is a trademark of Nikon Inc. Adobe, Photoshop, and Lightroom are trademarks of Adobe Systems Inc. The author and the contents of this book are not affiliated with or endorsed by Nikon.

Cover design and photograph by the author. All photographs by the author, with the exception of select *Al/ Non-Al lens* photographs by Andrew Martin of www.smallcirclestudio.com, and select bird photographs by M.J. Keeler of www.mjkeelerphotography.com

Special thanks to Josh and Kenneth of **Newtonville Camera** (now Hunt's Photo of Waltham, Massachusetts), and to M.J.

https://newtonville.camera



Douglas Klostermann is a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to amazon.com. (Links are provided to products and accessories mentioned in this guide.)

Nikon Z 8 Experience

The Still Photography Guide to Operation and Image Creation with the Nikon Z 8 by: Douglas J. Klostermann

UPDATED for FIRMWARE 2.00

PDF Version 2.0 - PREVIEW

March 2024

Published by Full Stop Media. *good writing for better photography* Arlington, Massachusetts, USA www.fullstopbooks.com

Copyright 2023 Douglas J. Klostermann / Full Stop Media, LLC - all rights reserved.

Author's website: www.dojoklo.com/
Author's blog: http://blog.dojoklo.com/

Facebook: https://www.facebook.com/groups/nikonz7z6z5

CONTENTS

FIRMWARE 2.00 UPDATES	7
1. INTRODUCTION to the Z 8	11
1.1 Take Control of Your Camera	15
1.2 Using This Guide	17
1.3 Getting Started	
1.4 New Features and "Hidden" Features of the Z 8	23
2. CAMERA CONTROLS	
3. MENUS and CUSTOM SETTINGS	
3.1 Setting Up the Z 8	54
3.2 Menu Setup Spreadsheet	
3.3 Photo Shooting Menu	
3.4 Video Recording Menu - Intro	
3.5 Custom Setting Menu	. 100
a - Focus	101
b - Metering/Exposure	113
c - Timers/AE Lock	
d - Shooting/Display	
e - Bracketing/Flash	
f - Controls	
g - Movie	
3.6 Playback Menu	
3.7 Setup Menu	
3.8 Network Menu	
3.9 My Menu	
4. PLAYBACK, INFORMATION DISPLAY, and IMAGE FILE FORMATS	
4.1 Using the Monitor and Electronic Viewfinder	
4.2 Image Playback	
4.3 Retouch	
4.4 Information Display and i Menus	
4.5 Image File Formats - JPEG, HEIF, and NEF (RAW)	
4.6 File Sizes and Maximum Continuous Burst	
5. AUTOFOCUSING	
5.1 Using Autofocus	
5.2 Focus Modes	
5.3 Manual Focus	
5.4 Autofocus AF-Area Modes	
5.5 Locking Focus	
5.6 Back-Button Focusing	
5.7 Trap Focus	
7. EXPOSURE Part 1 - Shooting Modes	
7.1 Aperture, Shutter Speed and 150	
7.2 Shooting Modes. Aperture-Priority Auto Mode and Shutter-Priority Auto Mode	310

Nikon Z 8 Experience

7.3 Full Stops	318
7.4 Shooting Modes: Manual, Bulb, and Time	319
7.5 Shooting Modes: Programmed Auto	
7.6 Live View and Viewfinder Exposure Display	325
8. METERING MODES	. 327
8.1 Matrix Metering	328
8.2 Center-Weighted Metering	329
8.3 Spot Metering	332
8.4 Highlight-Weighted Metering	334
8.5 Manual Metering	336
8.6 Metering Modes and Exposure	337
9. EXPOSURE Part 2	. 340
9.1 Exposure Lock	340
9.2 Histograms and Wave-Forms	345
9.3 Exposure Compensation	350
9.4 Auto Bracketing	355
9.5 HDR Overlay (High Dynamic Range)	360
9.6 Active D-Lighting	
9.7 Multiple Exposures	
10. ADDITIONAL CAMERA FUNCTIONS	
10.1 White Balance	
10.2 Picture Controls	
10.3 Creative Picture Controls	
10.4 Interval Timer Shooting	
10.5 Sensor Cleaning	
10.6 Putting It All Into Practice	
11. FLASH	
11.1 Flash Control Modes	
11.2 Flash Modes	
11.3 Flash Custom Settings Options	
11.4 Wireless Flash	
12. THE IMAGE TAKING PROCESS	
12.1 Still Subjects	
12.2 Moving Subjects	
13. VIDEO - MOVIE SHOOTING	
13.1 Introduction to Video - Movie Shooting	
13.2 Video Recording Menu Options	
13.3 Additional Movie Shooting Features	
13.4 Movie Exposure Settings	
13.5 Movie Playback and Editing	
13.6 Time-Lapse Video	
14. BLUETOOTH, Wi-Fi, and SNAPBRIDGE	
15. COMPOSITION	. 472
16. LENSES	. 482

Nikon Z 8 Experience

16.1 Lens Compatibility of the Z 8	482
16.2 Using AF and AI Lenses With the Z 8	
16.3 Nikon (NIKKOR) Lens Notations	
17. PHOTOGRAPHY ACCESSORIES	
17.1 Nikon Z 8 Accessories	494
17.2 Digital Photography Accessories	496
17.3 Digital Photography Books	
18. CONCLUSION	
Future Updates to the Text	502
About the Author	

FIRMWARE 2.00 UPDATES

In February of 2024, Nikon released a Firmware 2.00 update for the Z 8. This firmware includes significant additions and changes to the camera, and borrows features from the flagship Z 9 and the Z f models. These include bird subject detection, Auto Capture to set up the camera to automatically capture images based on specific parameters, and new Picture Controls for stills and video. The update also adds Pixel Shift Shooting to create up to a 180 MP image from several exposures, new shutter sound options, and more options for customizing the camera controls. The performance of 3D-Tracking AF-Area Mode has been improved for certain situations including small, fast-moving subjects. Additional video options include new Slow-Motion Video, Low ISO settings for N-Log video, and changes to Hi-Res Zoom speeds.

Nikon has created a Supplementary Firmware Update Manual that includes all these Firmware 2.00 changes. This document and the file with the latest firmware can be downloaded here:

https://downloadcenter.nikonimglib.com/en/products/616/Z 8.html

The firmware changes have been incorporated into the text of this book in the appropriate sections. Here is a brief summary of the updates:



Left: The new Birds option in the AF Subject Detection Options. Right: The camera detected a bird, and placed the autofocusing frame at its eye.

Still Photography: Subject Detection now includes the *Birds* option. The camera has added new Bracketing increments such as 1.3 and 1.7, three new Picture Controls including Flat Monochrome, Deep Tone Monochrome, and Rich Tone Portrait, and the *Large* size option for the JPEG (HEIF) Primary - JPEG (HEIF) Secondary recording. Additions also include Pixel Shift Shooting for creating high resolution images, and Auto Capture where you can set up the camera to automatically capture an image based on subject type, motion, and distance. Pre-Release Capture will now buffer for up to 300 seconds when the shutter button is half-pressed, and new shutter sound options have been added.





Left: The new Auto Capture feature and its various options. Right: Selecting the desired subject Direction for Auto Capture.

Video Recording: Subject Detection now includes the *Birds* option, and the camera has added three new Picture Controls, Auto Capture, Slow-Motion Videos, and a change in color for the Hi-Res Zoom in-focus display. Low ISO sensitivity settings for N-Log video have been added (down to 200 ISO equivalent), as well as changes to the Hi-Res Zoom speed options.

Playback: In the Playback i Menu the behavior of the Select for Upload option has changed. *Select for upload* will now mark an image for transfer and place it in the upload queue, and *Select for Priority Upload* will mark an image for immediate upload to a computer or FTP. Playback Speed has been added to the Video Playback i Menu. In the Playback Menu, Series Playback now includes Auto Series Playback Options such as loop, delay, and speed, and the Auto Image Rotation item has been added for playback.

Controls: Support for Power Zoom has been added for PZ lenses, including the ability to customize controls such as the Zoom-in and Zoom-out Buttons or the Fn1 and Fn2 Buttons to operate Power Zoom. The size of the Focus Point Border Width can be changed for the Focus Point Display, so that it can be more easily seen. Exposure Delay Mode has been added to delay shutter release up to 3 seconds after pressing the shutter. A Half-Press to Cancel Zoom (MF) option has been added so that a zoomed-in view of the displays will be cancelled by half-pressing the Shutter Button, and the full view of the frame can be seen before capturing an image when manually focusing. If a button has be assigned to the *Recall Shooting Functions (Hold)* option, exposure compensation and white balance can now be changed while shooting, and the new setting will be retained by the recall function.

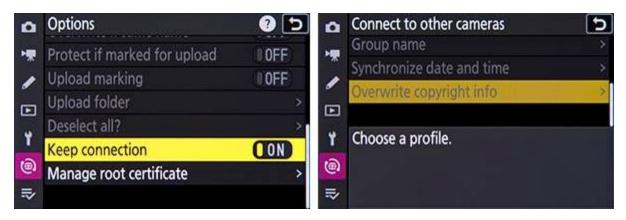


Left: Additional buttons can now be customized, including the Focus Mode Button, Playback Button, and BKT Button. Right: The new Cycle AF-Area Mode option, which can be assigned to the Focus Mode Button or various other buttons.

The Playback Button, BKT Button, WB Button, and Focus Mode Button can now be customized for shooting, and a few new options are available for the customizable controls including Switch Eyes, Cycle AF-Area Mode, Pixel Shift Shooting, Power Zoom, and Exposure Delay Mode. The Cycle AF-Area Mode option can be used to select, for example, three of your most commonly used AF-Area Modes, and then quickly cycle through them with the press of a button. For image playback, several controls can now be customized including the Playback Button, ISO Button, Exposure Compensation Button, BKT Button, WB Button, and Lens Fn and Fn2 Buttons. Some new roles are available for playback controls, including Frame Advance Zoom Position and Playback Zoom Face Selection. If a button has been customized for shooting, video, or playback, you can now reset it back to the default setting by pressing the delete button.

When formatting a CFexpress memory card using the Format Memory Card item of the Setup Menu, the procedure has changed for selecting a Quick Format or Full Format, with the Delete Button now used for a full format. The Non-CPU Lens Data menu item now allows you to add a name to a registered lens, as well as manually enter in a specific focal length and maximum aperture. When entering IPTC information, the character limit for the Category entry is increased to 256 characters, and new options have been added to the Setup Menu > Camera Sounds item, including 5 types of shutter sounds.

Displays: Previously the shooting display could be magnified up to 200%, and that has been increased to 400%. The Finder Display Size (Photo LV) menu item has been changed to Viewfinder Display Size, and applies to photo and video shooting. A Distance Units item has been added to the Setup Menu, to select Meters or Feet for the manual focus distance display.



Left: The new Keep Connection option for the Connect to FTP Server function. Right: The new Overwrite Copyright Info option for the Connect to Other Cameras function.

Networks: Changes have been made to the Connect to FTP Server item of the Network Menu, including the number of available network profiles and an auto reconnect Keep Connection option. Changes have also been made to the Connect to Other Cameras item of the Network Menu, used for synchronized release of multiple Z 8 cameras, including the procedure to set up synchronized release and the ability to group cameras. Up to 16 other Z 8 cameras can be remotely controlled using the Nikon NX Field remote capture software. When connecting to other cameras, the Overwrite Copyright Info option has been added, so that the copyright info from the master camera can be applied to the images from the remote cameras. And when using an MC-N10 remote grip and AirGlu accessories, Bluetooth will no longer be disabled.

In addition, various issues have been corrected and performance improvements have been made to the Z 8, as listed on the firmware update page. The firmware update page on the Nikon website includes instructions for updating the firmware. You will download the new firmware file, and copy it to the root folder of a memory card that has been formatted in the camera. Insert the memory card with the new firmware into Slot 1, turn on the camera, and make sure the Photo Shooting Menu > Primary Slot Selection menu item is assigned to Slot 1, and that the other memory card slot is empty. Access Setup Menu > Firmware Version, and follow the instructions on the screen.

1. INTRODUCTION to the Z 8

For the Z 8 full frame mirrorless camera, Nikon borrowed most all the advanced features and specifications of their powerful flagship Z 9 model, and packaged them in a smaller body. The Z 8 boasts a 45.7 megapixel stacked CMOS sensor, fast Expeed 7 processor, and versatile autofocus system with subject detection for people, animals, birds, vehicles, and airplanes. With the AF points spread widely across nearly the entire frame, the camera will allow the user to focus on and track subjects, faces, and eyes throughout most of the scene. The Z 8 can shoot RAW images at up to 20 frames per second (fps), or JPEG images at 30 fps, and offers a pre-release capture feature that can save buffered JPEG images for up to 1 second before the shutter is released, to help you capture a moment you may have previously missed. The Z 8 makes use of an electronic shutter, with no mechanical shutter, and can shoot at shutter speeds up to 1/32,000.



Figure 1.1 - Detail of the Nikon Z 8 full-frame mirrorless camera, with the 24-120mm f/4 S lens.

The Z 8 offers great image quality at high ISO settings for low-light shooting, with the native ISO range of 64 - 25,600, expandable down to 32 and up to 102,400. The camera offers in-camera 5-axis image stabilization for Z-mount lenses, which can be enabled for both stills and video shooting, plus 3-axis image stabilization is available with F-mount lenses attached via the FTZ or FTZ II Adapter. The Expeed 7 processor enables improved features including faster continuous shooting and a significantly

increased image buffer, up to 81 RAW images when set to *Lossless Compression*, or 599 images when set to *High Efficiency (star)*. When shooting JPEG, the camera can buffer over 1000 frames. The Focus Shift Shooting mode allows you to automatically shoot up to 300 images of a scene at varying focus distances, which can be combined into a focus-stacked image, using optional software.

The camera includes dual card slots, one slot for either CFexpress Type B or XQD memory cards, and one for UHS-II SD cards. The two card slots allow for various card slot configurations such as overflow to the other card when one fills, or simultaneously saving all images to both cards for backup, and well as a Copy function to copy saved images from one card to the other. The Z 8 uses the EN-EL15c battery, though it is compatible with previous versions of the EN-EL15. The camera can now be charged or powered over the USB-PD port, and it accepts the optional MB-N12 battery grip, which holds two batteries as well as offers duplicated controls for vertical shooting.



Figure 1.2 - 1961 Chevrolet Corvette - Medfield on the Charles Antique, Classic and Custom Auto Show, Medfield, Mass. Nikon Z 8 with Nikkor Z 24-120mm f/4 S lens, Shutter speed 1/500, Aperture f/4.0, ISO 100.

Most of the camera controls and the touch screen of this mirrorless model are similar to what you may be used to with a Nikon dSLR or mirrorless camera. The Sub-Selector joystick is used to quickly position the autofocus point while shooting, and can be used as a focus lock and exposure lock button when pressed straight in. It can even be customized to perform functions such as temporarily switching to different autofocus

settings or to a different Metering Mode during shooting. The touch screen can be used for menu selection, image playback, as well as for adjusting exposure settings, autofocusing, and shutter release. And the 3.2" high-resolution (2.1M dot) rear monitor extends and tilts in multiple directions to assist shooting from unique high and low vantage points. The inclusion of the i Button, now standard on current Nikon models, allows photographers to quickly access mode-specific settings, whether shooting through the viewfinder, working on the rear monitor, in movie mode, or during image playback.

The electronic viewfinder of mirrorless cameras differs from the optical viewfinder of a dSLR. The high-resolution (3.69M dot) OLED viewfinder, with 100% coverage, will enable you to preview the exposure, white balance, Picture Control settings, and depth of field of the final image, as you shoot, as well as make use of a virtual horizon to keep your images level. You can also make use of the customizable i Menu in the viewfinder, so that you can change numerous camera settings without taking the camera from your eye. And you can utilize focus peaking and scene-magnification in the viewfinder, as well as the electronic Rangefinder function, to assist with manual focusing.

Filmmakers will be able to take advantage of the numerous video improvements, including a wide variety of options for Video File Type, Tone Mode, and Video Frame Size and Rate including 4K (4128 x 2322) and 8K (8256 x 4644). Video File Type options include *N-RAW*, *ProRes RAW*, *ProRes 422 HQ*, *H.265*, and *H.264*, which make use of the *NEV*, *MOV*, or *MP4* formats depending on the file type. Tone Mode selection includes the standard *SDR*, high dynamic range *HLG*, and Nikon's unique *N-Log* with updated LUTs. The Frame Size and Rate options include 8K and 4K up to 60p, plus 4K 120p / 100p choices for creating slow motion video.

For movie shooting, you can make use of the same autofocus AF Area Modes and subject detection options as with still image shooting, although the *Subject-Tracking AF* option is available rather than *3D-Tracking*. Video features also include highlight display "zebra stripes" (*Zebra Pattern*) shown on the monitor to indicate overexposed areas of the frame, and focus peaking to indicate the parts of the subject that are in focus when using manual focus. And you can choose to use either a histogram or a wave-form as the Brightness Information Display. You can also make use of the in-camera, mechanical *Vibration Reduction* feature to help stabilize the image while hand-holding the camera, as well as the additional *Electronic Vibration Reduction*, which stabilizes the video frame, and thus will slightly crop the frame. The *Hi-Res Zoom* feature enables you to zoom in on the scene with no loss of video resolution. With the Z 8 you can capture 4K and 8K time-lapse in-camera.

The Z 8 offers built-in stereo microphones with the ability to manually adjust the audio input and choose the desired audio frequency range, as well as make use of the *Attenuator* option. You can also make use of *Power Aperture* to smoothly adjust the aperture setting during shooting. When recording in Manual (M) Shooting Mode, you can make use of *Auto ISO* so that the camera adjusts the exposure settings as the lighting or scene changes. The Metering Mode is no longer limited to *Matrix* when

shooting video, and you can make use of *Center-Weighted* and *Highlight-Weighted Metering*. And the Z 8 offers the *Flat* Picture Style, which is preferred by videographers. It preserves details in the shadow and highlight areas of the scene, and allows you to capture videos with the widest tonal range. This will provide the greatest amount of flexibility to make adjustments in post-processing.

The Z 7 and Z 6 cameras introduced the Z-mount lens mount, which continues to be used on the Z 8. Several Z-mount lenses are now available, as well as an F to Z (<u>FTZ II</u>) mount adaptor which enables you to use many of your F-mount Nikkor lenses. The wider Z-mount design allows for lenses with extremely wide maximum apertures, such as the <u>NIKKOR Z 58mm f/0.95 S Noct</u>. In addition, the Z 8 includes a ruggedly built, weather-sealed magnesium alloy and carbon fiber body, Wi-Fi and Bluetooth capabilities through Nikon's SnapBridge app, and numerous customization options.

The high-resolution image sensor of this camera, along with the highly versatile and customizable autofocus system, on-sensor exposure metering with scene recognition and subject detection, and fast continuous frame rates will serve the needs of dedicated photographers of every level, from enthusiasts to professionals. The advanced features and customizable controls of the Nikon Z 8 will enable photographers to consistently capture sharp, clean, and well-exposed images in a wide range of shooting situations.

But the Z 8 is merely a tool. It is up to you to make use of its features and capabilities to create the images you envision. While the camera manual can tell you about all the settings and controls, how to change them, and their intended functions, this guide will build upon that and explain when and why you may wish to use them. All of the buttons, dials, menu items, and Custom Settings of the Z 8 are there for a reason: to help you consistently capture the images you want. Some of them are more useful to different types of photographers and shooting situations, and you don't necessarily need to learn and use them all immediately, but this guide will help to give you the knowledge to confidently use the features that turn your Nikon Z 8 into an image capturing tool that works best for you.



Figure 1.3 - Flowers, Concord, Mass. Focus modes, exposure metering mode, aperture, shutter speed, ISO, and white balance all considered, even in creating this straightforward image. Nikon Z 8 with Nikkor Z 24-120mm f/4 S lens, Shutter speed 1/500, Aperture f/4.0, ISO 400.

1.1 Take Control of Your Camera

Since the camera is a tool to take the images you want to take, you obviously can't always allow the camera to make decisions for you. You have to take control of the camera to ensure that you capture exactly the images you intend - by autofocusing precisely where you intend, setting the aperture and shutter speed that you want, and obtaining the exposure you desire. While the Z 8 is a highly intelligent camera, it cannot read your mind and your intentions and does not know that you wish to focus on and properly expose the flowers in the foreground, while making the background appear out of focus, and the flowers to be caught still and not be blurred from the motion of the wind, on a bright, overcast day (see *Figure 1.3*).

You have to tell the camera to do all of this, through the various controls and settings, such as the Focus Mode and AF-Area Mode (lock focus on the desired flowers), the exposure metering mode (properly expose the flowers and the scene), the aperture setting (the out-of-focus background), the shutter speed (freezing the motion of the flowers from the wind), the ISO (bright day) and the white balance (overcast day). Taking control of all of these functions and settings will enable you to consistently create the dramatic and compelling images you envision.



Figure 1.4 - Vintage Bicycle - Concord, Mass. Nikon Z 8 with Nikkor Z 24-120mm f/4 S lens, Shutter speed 1/200, Aperture f/4, ISO 400.

Learning to use and get the most out of an advanced digital camera like the Z 8 takes time, practice, patience, mistakes, and experimentation. If you are used to working with a dSLR, there will be some adjustments to using a mirrorless camera, including the electronic viewfinder and the autofocus system. However, you may find that these differences can help you to successfully capture scenes and situations that you may have been limited in consistently attaining before. The sophisticated and accurate autofocus system of the camera, coupled with the fast continuous shooting speed, plus the exposure metering system and high ISO capabilities will help you get sharp images of subjects and moments that previously you may have missed.

If you are still in the process of learning all the controls of your camera and the exposure concepts of digital photography, you have perhaps jumped into the proverbial deep end of the pool by choosing the advanced Z 8! But don't worry, this book will help guide you through its features, controls, and capabilities. Be sure to take it slowly and patiently as you learn the features and concepts that I will explain. With practice and experience you will soon be shooting with confidence and can begin to take advantage of your camera's more advanced functions. Even if you are an intermediate or experienced photographer, don't expect to just pick up all the new information at once, in one reading of a single book. (In fact, you wouldn't want to, as the never-ending journey of learning and mastering photography is a big part of what it's all about!) Try not to become frustrated if you don't quite understand something or aren't always

3. MENUS and CUSTOM SETTINGS

3.1 Setting Up the Z 8

The Menus and Custom Settings of the Nikon Z 8 allow you to have greater, more precise control over how your camera functions. They are an important aspect of what makes the Z 8 a much more powerful and exacting tool than mid-level cameras, and they allow you to customize the camera to work for you, to work how *you* work. Using them you can also fine-tune settings and operations including white balance, metering, exposure, and autofocusing. I highly recommend that you carefully go through these menus and change the settings to the options that allow you to use the camera in the manner that works best for you and your shooting needs.

Some of the Menu items are only used when shooting, reviewing, or processing images, but several of them should be set up in advance. Below are explanations and suggested settings for the Menus and Custom Settings of the Nikon Z 8. I realize that reading this section at the beginning of this book presents a conflicting situation in that these menu items need to be explained first so that you can initially set up your camera, but you may not yet have the knowledge to fully understand all these menu items until you read through the rest of this guide! So don't get overwhelmed if you don't yet understand the settings or terminology used to describe the Menu and Custom Settings and their options. You will likely wish to return to them later after you have begun to better understand your camera and its controls and start to determine how you want to work.

And I understand that it is not as compelling to read through these lists of menu items as it is to read the more-flowing instructional text later in the book. But you will begin to learn much about the Z 8 as you patiently work through this Menus and Custom Settings chapter. As I mentioned in the **Introduction**, this section will often refer to upcoming chapters and sections, but it is not necessary for you to jump ahead. This is merely a "heads-up" that the menu item or function that you are currently setting up will be explained in detail later in the guide, in the applicable section of the text (such as **Autofocusing** or **Metering Modes**, etc.).

Also, if you don't yet understand some of the settings or why you might wish to change them, leave those on the default or recommended settings for now. If you have worked with a Nikon Z 7II, Z 6II, D500, D850, D750, D610, or D7500 body (or their recent predecessors) before using the Z 8, you will find that several of these Menus and Custom Settings options are similar, and you may wish to continue to use most of the same settings that you have determined work best for you. However there are many new additions, functions, and options with the Z 8, and some items have moved to different menus. Note that the time and date will need to be set in the Setup Menu (*Time Zone and Date*) in order to access certain menu items, such as Time-Lapse Video and Focus Shift Shooting.

3.2 Menu Setup Spreadsheet

In conjunction with this book, I have also created a comprehensive *Nikon Z 8 Menu Setup Spreadsheet*, with suggested settings for the Photo Shooting Menus, all of the Custom Settings, plus some shooting and exposure settings. It has complete and separate camera setup suggestions for different types of shooting, including:

General / Travel / Street Landscape / Architecture Action / Sports Moving Wildlife / Birds Studio / Portraits Concert / Performance

The spreadsheet has been updated for Firmware 2.00. Most all of the suggested settings on the spreadsheet are further explained in this section and throughout this guide, so it is best to use the spreadsheet hand-in-hand with the explanations in this book. And as you read through the Menus and Custom Settings, perhaps make notes of how you may wish to set them and adjust them for the different types of scenes and situations you photograph.

Please keep in mind that the reason the Nikon Z 8 offers so many menu items and customization options is that photographers have different needs and work in different ways, and it is best to determine which settings *you* need or prefer rather than to simply rely on the suggested settings from another photographer.

The *Nikon Z 8 Menu Setup Spreadsheet* Excel document can be downloaded at the link below. Click on the Z8 Menu Setup Spreadsheet to add it to the cart, then enter and apply this Promo Code for Free Checkout of the spreadsheet. Printing instructions for the spreadsheet can be found as this page as well.

Promo Code:

Z8MENUSHEET

http://www.fullstopbooks.com/setup-guides/

I have also set up a *Nikon Z Experience* page on Facebook, to discuss Nikon mirrorless cameras, ask questions, and share images. Please feel free to join and contribute:

https://www.facebook.com/groups/285030165630126/

3.3 Photo Shooting Menu



Figure 3.1 - Photo Shooting Menu

Shooting Menu Bank

You may be familiar with the custom user settings of other Nikon dSLR models, such as the U1 and U2 positions on the Shooting Mode Dial of previous models. The Nikon Z 8 does not offer these options, but instead has Menu Banks where you can register and save specific combinations of menu settings, including this Shooting Menu Bank and the Custom Settings Bank. You can save up to four Shooting Menu Banks, and custom name them (see *Figure 3.1*). For example, you can create a Shooting Menu Bank for your typical settings of the Photo Shooting Menu items, such as the *Image Quality* settings, *Active D-Lighting* level, and *High ISO Noise Reduction* amount. Then when you later select that Shooting Menu Bank, all those settings will be in place. These settings will be saved even if you turn off the camera. You can create additional Shooting Menu Banks with different combination of settings for action situations, or for portrait or landscape shooting. When you switch between shooting situations you will then merely need to select the appropriate Shooting Menu Bank and all your desired Photo Shooting Menu settings will be ready.

The Z 8 also includes Extended Menu Banks, which will allow you to store additional shooting information in each of the Menu Banks. If the Extended Menu Banks are enabled with the next menu item, the Shooting Menu Banks will also store the current Shooting Mode (such as Aperture-Priority A or Manual M), Flash Mode, the current shutter speed (for S and M modes), and the current aperture setting (for A and M modes).

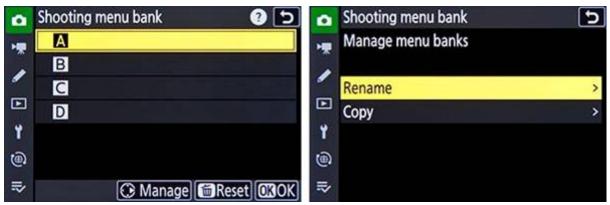


Figure 3.2 - Left: Shooting Menu Bank menu with four customizable banks. Press right on the Multi Selector as indicated by the icon at the bottom of the screen to Rename or Copy each Photo Shooting Bank. Right: Press right to Rename the selected Shooting Banks, then use the touch screen to type a name.

To create a Shooting Menu Bank, select one of the available four banks, set the camera to your desired Photo Shooting Menu settings by going through this menu and choosing the desired options, and those settings will be saved to that Shooting Menu Bank. Then when you later select that Bank, the camera will return to all the settings that were in place for that Bank. This is not as convenient as the U1 and U2 Modes of other Nikon dSLRs because only the Photo Shooting Settings Menu items will be stored in the Bank, not other menu settings, Custom Settings, or other shooting settings (unless you make use of Extended Menu Banks next),. You may wish to coordinate a related Custom Settings Bank for some of those camera settings.

Also be aware that if you set the camera to one of the Shooting Menu Banks, but then change the settings while working, the current settings will be saved in that Shooting Menu Bank. When you leave that Bank and then return to it, it will return the camera to those latest settings used, not the original settings you may have set for that Bank. Since you cannot simply use the banks to register an unchanging set of settings, as can be done with the U1 and U2 settings of other Nikon models, this might limit the usefulness of the Menu Banks for some photographers.

To name a Shooting Menu Bank, highlight the desired bank (A, B, C, or D) and press right on the Multi Selector and select Rename. Then use the Multi Selector and Center Button, or the touch screen, to input the name (see *Figure 3.2*). Use the rear Main Command Dial to jump to the text field at the top of the screen, or use the touch screen for this. Note that changes to White Balance, Multiple Exposure, Interval Timer Shooting, Time-Lapse Video, and Focus Shift Shooting menu items will apply to all banks. You can restore a Bank to the menu default settings by highlighting the desired Bank, pressing the Delete Button for *Reset*, then confirming the action.

The current Shooting Menu Bank can be viewed on the top Control Panel. The Shooting Menu Bank menu item can also be changed during shooting by pressing the i Button

and accessing the Photo Shooting i Menu (see *Figure 3.3 - left*). By default, the Shooting Menu Bank setting is assigned to the Fn1 Button.

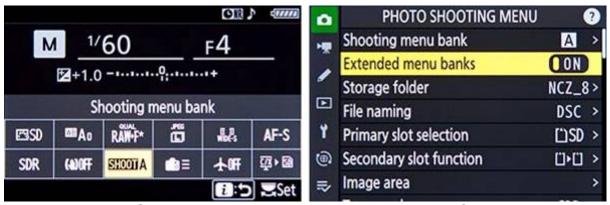


Figure 3.3 - Left: Shooting Menu Bank as seen on the Photo Shooting i Menu. Right: Enabling the Extended Photo Menu Banks, so that some additional shooting settings are also saved in the Banks.

Extended Menu Banks

As just noted above in the Shooting Menu Banks item, the Z 8 also includes this Extended Menu Banks option, which will allow you to store additional shooting information in each of the Menu Banks (see *Figure 3.3 - right*). If the Extended Menu Banks are enabled (*On*), the Shooting Menu Banks will also store the current Shooting Mode (such as Aperture-Priority A or Manual M), Flash Mode, the current shutter speed (for S and M modes), and the current aperture setting (for A and M modes) that the camera is set for. Then when one of the Shooting Menu Banks is recalled, your registered Shooting Mode and exposure settings will be recalled as well.

Storage Folder

You can use the *Rename* item of this menu to change the naming convention used by the camera when creating new folders to store images. By default they are named starting with 100NCZ_8. However, you can change the last 5 characters to any alphanumeric characters that you wish. You can also access this menu to specify a new folder where images are stored, or select an existing folder to continue to store images. However, it is typically easiest to leave this alone and let the camera automatically create and name these folders, unless you have a specific need to change that - such as saving images from various photo shoots or locations into separate folders on the same card. Choose *Select folder by number* to create a new folder (or to choose an existing folder number), or choose *Select folder from list* to access an existing folder from a list (see *Figure 3.4*). If you choose *Select folder by number*, you will be prompted to enter the new or existing folder number.

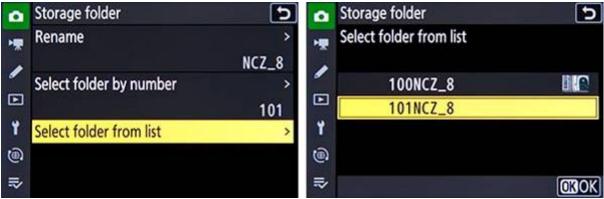


Figure 3.4 - Left: Storage Folder menu item, to rename the folders, select or create a folder by number, or select a folder from a list. Right: Selecting an existing folder from the list.

File Naming

The camera automatically names image files with the prefix "DSC_" (for *sRGB* and *HLG* Tone Mode photos) or "_DSC" (for *Adobe RGB* photos) but you can change this if you wish. You can substitute any three available alphanumeric characters for the default "DSC." This menu will then display the current naming conventions (see *Figure 3.5*).

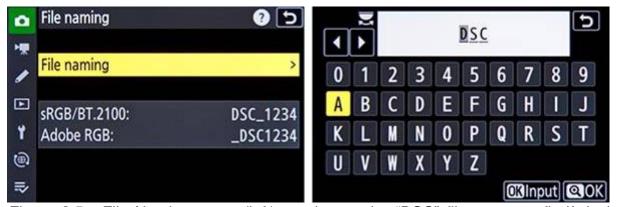


Figure 3.5 - File Naming menu (left), to change the "DSC" file name prefix if desired (right).

Primary Slot Selection

Choose which memory card slot will be the primary slot for saving images, either the *CFexpress/XQD card slot* or the *SD card slot* (see *Figure 3.6 - left*). The *Destination* option for choosing where movies will be saved is included in the Video Recording Menu. See the next menu item for choosing the function of the secondary card slot.



Figure 3.6 - Left: Use the Primary Slot Selection item to choose the primary memory card slot. Right: Then select the Secondary Slot Function, for how the second memory card is used.

Secondary Slot Function

Choose the function of the secondary memory card slot (see *Figure 3.6 - right*). The *Overflow* option means that when the primary card slot becomes full, images will be saved to the secondary card. The *Backup* option simultaneously stores each image on both the primary and the secondary card. The *RAW primary - JPEG secondary* option will store images in the NEF (RAW) file format to the primary card, and images in the JPEG format to the secondary card. If the image file format is set for *NEF (RAW) + JPEG*, then the RAW and the JPEG images will both be saved to the primary card slot, and a JPEG copy will also be saved to the secondary card slot.

The JPEG Primary - JPEG Secondary option will save JPEG images to both slots. Firmware 2.00 adds the Large option to this menu. Note that the second slot is saving a lower quality JPEG Basic image and not a Fine or Normal quality JPEG. When selecting the JPEG Primary - JPEG Secondary option, press right to select the Large, Medium or Small JPEG Basic size option (see Figure 3.7). If the Image Quality is set to RAW or RAW + JPEG, then this option will function the same as the Backup option.

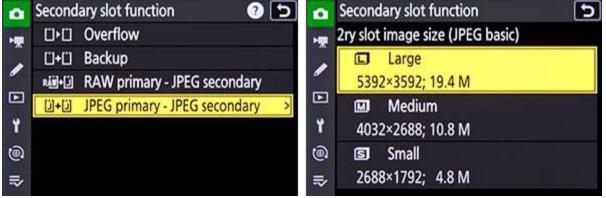


Figure 3.7 - When selecting the JPEG Primary - JPEG Secondary option (left), press right to choose the size of the JPEG stored on the second memory card (right).

When the Tone Mode menu item is set to *HLG* rather than *SDR*, to capture high dynamic range (HDR) images, then the camera will save HEIF image files rather than JPEG files. All of the JPEG options above will change to HEIF options, and will otherwise act the same as just described.

When making use of the *RAW primary - JPEG secondary* option and capturing multiple exposures or HDR Overlay images, and you have selected the Multiple Exposure or HDR Overlay menu option to *Save individual pictures (RAW)*, then the unprocessed individual RAW images plus the final JPEG images will be saved to both cards.

Note that when set for either *Backup* or for *RAW primary - JPEG secondary*, the shutter release will become disabled and the camera will not capture any more images when either card is full. When the *RAW primary - JPEG secondary* option is selected, the *Dual-format recording PB slot* item of the Playback Menu is used to choose which card slot you will view during image playback. When using the *RAW primary - JPEG secondary* option or the *Backup* option, and deleting an image, you will be prompted to just delete the selected image, or to delete the selected image plus its copy on the other memory card. When viewing an image during playback, you can press the i Button to access the image Playback i Menu and select the *Jump to copy on other card* to view the copy of the image saved in the other card slot.

Image Area

This setting can be used to capture images of smaller dimensions and different image area ratios, such as having your full-frame FX format sensor act as an APS-C sized DX format sensor. You can use the *Choose Image Area* item to choose full-frame *FX* (36x24), *DX* (24x16), 1:1 (24x24), or 16:9 (36x20), (see *Figure 3.8 - left*). You can see which portion of the sensor each setting will use in *Figure 3.9*. By enabling the *DX* or 16:9 image areas, it will change the aspect ratio (very slightly for *DX*) and angle of view of your resulting images. The 16:9 area mimics the cinematic widescreen ratio. And the 1:1 setting will result in square images, using the full height of the frame. With any of the Image Areas other than FX, the camera is basically cropping your photos from full-frame images to smaller sized images, as could be done in post-processing. When making use of one of the other image areas, the scene in the Viewfinder and on the rear Monitor will be zoomed-in or cropped, to only show that area being captured (see *Figure 3.10*).



Figure 3.8 - Left: The Image Area menu. Right: The Choose Image Area options, to choose to have your full-size FX format sensor capture images full size (FX) or cropped to a smaller area and different ratio.

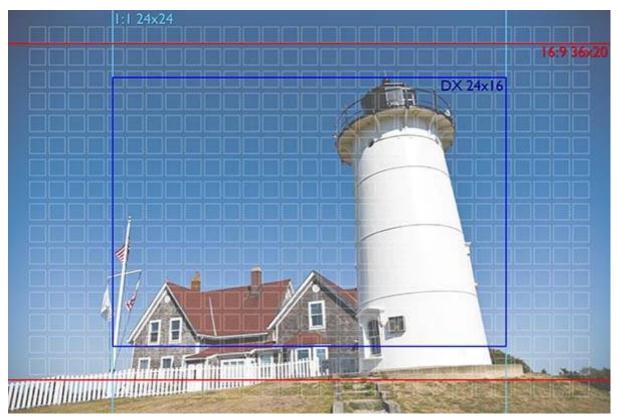


Figure 3.9 - Nobska Lighthouse on Cape Cod - Woods Hole, Falmouth, Mass - Image, showing the full-size FX image area, the location of all Z 8 AF points for reference, and approximate sizes and locations of the cropped Image Area options. The use of a wide-angle lens (or wide focal length of a zoom lens) used with the large FX format sensors of the Z 8 will provide a larger area of view than you may be used to if you have been working with a DX camera. Extreme wide angles may also display distortions, such as the apparent tilting of the structures and flagpole. Shutter speed 1/4000, Aperture f/4.0, ISO 100, Focal length 24mm.

3.5 Custom Setting Menu

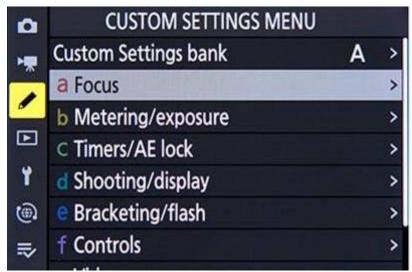


Figure 3.48 - Custom Setting Menu.

As you read through the Custom Settings, perhaps make notes of how you may wish to set them and vary them for the different types of scenes and situations you photograph. Remember that you can also consult my *Nikon Z 8 Menu Setup Spreadsheet*, which lists suggested settings for various shooting situations such as landscape, sports, or portrait, and can be edited with your settings. I will also point out recommended settings for different uses as I go over the items in this section. The download instructions for the *Nikon Z 8 Menu Setup Spreadsheet* can be found in Section 3.2 of this book.

Custom Settings Bank

Similar to the Photo Shooting Menu Bank described earlier, the Custom Settings Bank allows you to register and save specific combinations of Custom Settings. You can save up to four Custom Settings Banks, and name them (see *Figure 3.49 - left*). This is perhaps a more powerful customization option than the Photo Shooting Menu Bank because many of these Custom Settings (such as autofocus settings and camera control settings) may vary based on if you are shooting a portrait or a landscape situation vs. shooting an action or sports situation. As with the Photo Shooting Menu Bank, after setting up the Bank you can then later select it and all of the previous settings will be in place, even if you have turned off the camera. But recall that if you change any of the settings while using that Bank, the latest settings used will be active next time you access that Custom Settings Bank, not the original settings. As you read through the Custom Settings, perhaps make notes of how you may wish to set them and vary them for the different types of scenes and situations you photograph. And I will also point out recommended settings for different uses as I go over the items in this section.

To create a Custom Settings Bank, select one of the available four banks, set the camera to your desired Custom Settings by going through the Custom Setting Menu

items and choosing the desired options, and those settings will then be registered to that Custom Settings Bank. Highlight a Bank and press the Delete Button to *Reset* the Bank to the default settings.

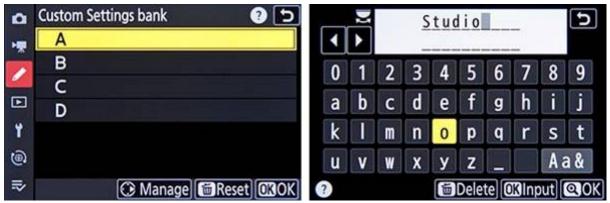


Figure 3.49 - The Custom Settings Bank (left), allowing you to register and save a group of selected settings. Press right on the Multi Selector to access the keyboard and name the Bank (right).

To name a Bank, just as with naming a Shooting Menu Bank, highlight the desired bank (A, B, C, or D) and press right on the Multi Selector. Then use the Multi Selector and Center Button to input the name, and use the rear Main Dial to jump to the text field (see *Figure 3.49 - right*). Or you can use the touch screen to more easily enter text.

a - Focus

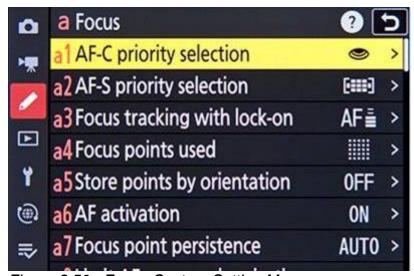


Figure 3.50 - Focus Custom Setting Menu.

a1: AF-C Priority Selection

This setting determines if attaining focus is top priority when you are working in Continuous AF Mode (AF-C Focus Mode), or if you just want the shots to be taken even if exact focus is not attained for each shot (see *Figure 3.51 - left*). Specifically, when you

press the Shutter Button, this setting determines if the image or series of images are taken immediately (*Release*) even if the first image is not yet in focus, or if the camera waits for focus to be attained before taking the photo (*Focus*). For example, if you are tracking a moving subject such as a runner or an animal, you may wish to just capture a rapid series of shots at all costs in order to ensure getting specific moments, and exact focus of each shot may not be the priority. Or you may wish to make sure the camera has properly focused each shot before the shutter is released. This however may cause a slight (perhaps millisecond) delay for each shot and the exact moments may be missed. If capturing the images at all costs and maintaining the maximum continuous frame rate are the priorities, set for *Release*. If exact focus of every image is your priority, at the risk of missing some shots and encountering small shutter release delays, set on *Focus*.

The Focus+Release option means that priority is given to release (capturing the shot) rather than focus. If the subject is dark or lacking in contrast and a continuous-release mode is being used, the camera will give priority to the first shot in a burst so that the first shot is in focus, but priority will be given to release for the rest of the shots in the burst. This will prioritize the maximum rate of Continuous High (CH) or Continuous Low (CL) Release Mode for the subsequent photos, rather than ensuring exact focus, and therefore those shots may not be in focus. However, you may wish to use this if you know that the subject distance will not change as you take the burst of photos, and thus the subsequent images are likely to remain in focus.

Both Nikon as well as experienced sports and wildlife photographers suggest that this be set for *Release* for many different types of sports and action situations. Their experience shows that the autofocus system is going to be able to focus for most all of the shots in a burst, and that it is not worth interrupting the rapid frame rate for the camera to briefly pause and acquire focus. And even when the camera may not be able to confirm focus, critical areas of the subject are likely still in focus, and thus the *Release* setting can result in more "keepers." (However, you will need to try and keep the active AF Point located on the subject as you begin and continue the burst.)

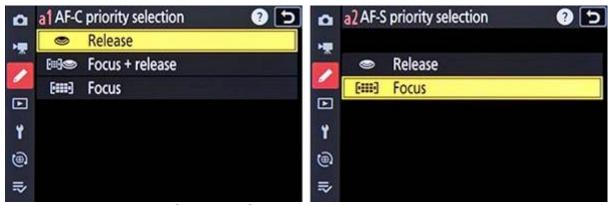


Figure 3.51 - Left: AF-C Priority Selection options, to determine if shutter release and maintaining the maximum continuous frame rate are the priorities, or if exact focus of

each shot is the priority. Right: The similar AF-S Priority Selection options, for when working in AF-S Focus Mode.

a2: AF-S Priority Selection

This is similar to *AF-C Priority Selection* above, except that this setting is for when you are working in Single AF Mode (AF-S Focus Mode), typically used when your subject is stationary, relatively still, or when you are not tracking a moving subject (see *Figure 3.51 - right*). Again, determine if getting the shot (*Release*) or exact focus (*Focus*) is your priority. Since AF-S Focus Mode is typically used with subjects that are not moving, it generally makes more sense to ensure focus is attained, thus you may wish to select *Focus* for this setting.

If *Focus* is selected for Custom Setting a2, then this setting coordinates with Custom Setting a6 - *AF Activation* if you have the camera set up for certain back-button focus techniques where you lock focus using the AF-ON Button and recompose the framing of the shot before taking the photo. The Custom Setting a6 options can allow you to make use of, or avoid, the "trap focus" set up. This will be explained in Custom Setting a6 - *AF Activation*, and in the **Trap Focus** and the **Back-Button Focusing** sections.

a3: Focus Tracking with Lock-On

The *Blocked Shot AF Response* setting determines how the autofocus system reacts to sudden, dramatic changes in the distance of the subject when you are working in AF-C Focus Mode and have the shutter button half-pressed or fully pressed, such as when another, closer object enters the frame and blocks your original subject. The camera can be set to wait a brief period of time before refocusing at the new distance with setting 1 (Quick), or wait a longer period of time with setting 5 (Delayed), or steps inbetween, from 1 to 5 (see Figure 3.52 - left).

For example, you may be tracking a football player across the field when another player much closer to you temporarily comes between you and your intended subject. This setting will determine if and how quickly the camera then focuses on this nearer player, or if it continues to focus at the original distance, as the closer player passes through your field of view. If you do not wish for the camera to suddenly change focus to the nearer player, set to a longer period such as 4 or 5. If you wish to switch focus to a closer or farther object, then set for a shorter period, 1 or 2, and focus distance will quickly change. Keep this option in mind with the various AF-C Focus Mode and AF-Area Mode configurations (explained in the **Autofocusing** chapter), as your preference will likely vary depending on your subject and situation. This setting doesn't just apply to blocked shots, but will also affect how quickly you are able to refocus at a different distance, as you are half-pressing the shutter button to track a moving subject, or fully pressing the shutter button to take a continuous burst. Sometimes you may not want the camera to quickly refocus on a closer or more distant subject, while other times you might.

The *Subject Motion* option can be set based on how you expect the subject to move, so that the camera can better predict the motion. Set for *Steady* for smooth focus of a subject moving at a steady pace, or *Erratic* if the subject will be suddenly starting and stopping.



Figure 3.52 - Left: Focus Tracking With Lock-On settings - When working in AF-C Focus Mode and tracking a subject, this setting determines how long the camera waits before refocusing on a subject at a different distance. Right: Focus Points Used, to choose if All Points are selectable, or if every other point is selectable.

a4: Focus Points Used

This setting determines the number of autofocus points that are available for selection on the rear Monitor or in the Viewfinder (see *Figure 3.52 - right*). If you are manually selecting your focus point (as you typically should) you may find that it is quicker and easier, at least at first or in certain situations, to limit the number of AF Points to *Alternating points* (every other point). But to take full advantage of the Z 8 autofocus system, you will want to make use of all the selectable AF Points, as will be explained in the **Autofocus** chapter. If you prefer to have all the AF Points available for your selection, set this at *All points*. If you set to *Alternating points*, the points available for selection will be reduced by three quarters, but all of the points will still be used by the camera in subject tracking (such as when working in AF-C Focus Mode along with one of the AF-Area Modes that uses multiple AF Points), so the camera is still potentially taking advantage of all the focus points of the autofocus system. When using *Pinpoint AF* Area Mode, the number of available focus points will not be affected.

a5: Store Points by Orientation

This can be used to have a specific AF Point be automatically selected when you hold the camera in a certain orientation (see *Figure 3.53*). If you set this for *Off*, the current AF Point that you have selected will remain the active AF Point when you change camera orientation, as you would generally expect. However, if you set this for *Focus point*, the camera will return to the AF Point last selected when the camera was in that orientation.

So, for example, set this for *Focus point,* then hold the camera in the standard orientation and select a far-right AF Point. Then position the camera vertically with the

grip side up and select a far-left AF Point. When you return the camera to the standard horizontal orientation, the camera will return to the far-right point as the active AF Point. When you return the camera to the grip-up orientation, it will jump again back to the far-left point.

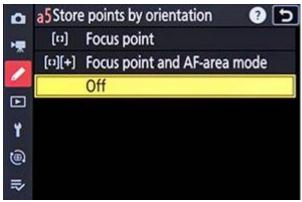


Figure 3.53 - Store Points By Orientation, to choose if the camera remembers the last focus point and/or AF-Area Mode used when the camera is held in a specific orientation.

The Focus point and AF-area mode option will save both the focus point and the AF-Area Mode for different camera orientations. For example, set this menu item for Focus point and AF-area mode, then hold the camera in the standard orientation and choose AF-Area Mode Single-Point AF and then select the far-right AF Point. Then position the camera vertically with the grip side up and select AF-Area Mode Wide-Area AF (L) and then locate the AF Area at the far-left. When you return the camera to the standard horizontal orientation, the camera will return to Single-Point AF mode and to the far-right AF Point as the active AF Point. When you return the camera to the grip-up orientation, it will jump again back to Wide-Area AF (L) and a far-left AF Area.

The camera will recognize three different orientations: horizontal, vertical with the camera grip side of the camera up, and vertical with the camera grip facing down. This can be handy in situations such as when you are taking portraits and you switch between horizontal and vertical camera orientation, yet you want an AF Point at the relative "upper-right" position to remain selected, near where you have located the model's face. However if you enable this option and then use your camera later and forget that you have it set this way, the AF Points will seem to be acting extremely erratic as you change camera orientation, until you remember to set this back to Off.

a6: AF Activation

This is used to determine which button or buttons can be used to initiate autofocusing. By default the camera is set to *Shutter/AF-ON* and thus either the Shutter Button can be half-pressed or the rear AF-ON Button can be pressed to start autofocusing. If you wish to disable the autofocusing function from the Shutter Button, set for *AF-ON only* and then you will need to press the rear AF-ON Button to focus on your subject (see *Figure 3.54 - left*). This *AF-ON only* option is used for a technique called back-button focusing

(Section 5.6 - **Back-Button Focusing**). This technique can allow you to separate the exposure and the autofocusing functions to two different buttons. It can be used to lock focus at a certain distance while you recompose slightly then take a series of photos when working in AF-S Focus Mode, or it can be used to start and stop focus tracking when working in AF-C Focus Mode. It can also enable you to take advantage of a technique called trap focus (Section 5.7 - **Trap Focus**).

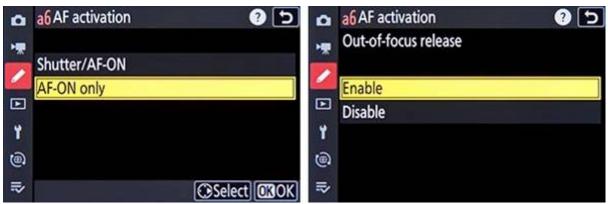


Figure 3.54 - Left: AF Activation menu, to choose if both the Shutter Button and the AF-ON Button will activate autofocus, or just the AF-ON Button. Right: If "AF-ON Only" is selected, press right to access the "Out-of-focus release" sub-menu. Typically set this for Enable, unless you wish to make use of trap focus.

If you select the *AF-ON only* option, press right to access a sub-menu which allows you to enable or disable *Out-of-focus release* (see *Figure 3.54 - right*). If the *Out-of-focus release* option is set for *Enable*, then the camera can take an image when the Shutter Button is fully pressed, even if the subject is not in focus. If set for *Enable*, you will obviously need to remember that you are using back-button focus and need to focus with the AF-ON Button, otherwise you could be pressing the Shutter Button and capturing images, but the camera will not have focused.

If set for *Disable*, then the camera will not take an image when you press the Shutter Button if the subject at the active AF Point is not in focus. You will need to be sure to first focus the camera using the AF-ON Button. This setting works in conjunction with Custom Setting a1: AF-C Priority Selection and a2: AF-S Priority Selection, which each must be set for Focus for this Out-of-focus release > Disable setting to apply. It also does not apply to Pinpoint AF-Area Mode. This Disable setting is used for a technique called trap focus, which is discussed in Section 5.7 of this guide, and should not be used until you fully understand how it works.

So if you are using the *AF-ON only* option, for back-button focusing, I suggest you leave the sub-menu for *Enable*, unless you wish to make use of trap focus. While this introduces the possibility of taking out of focus shots if you fail to focus first with the AF-ON Button, it also eliminates the issue where you are pressing the Shutter Button to take a single image or burst, but the shutter is not being released.

5. AUTOFOCUSING

5.1 Using Autofocus

One of the essential steps in taking successful and sharp photos is controlling where and how the camera autofocuses. The versatile and customizable autofocus system of the Z 8 is a major part of what makes it such a powerful camera, and in any Shooting Mode you can, and should, take control of the autofocus system. The autofocus system includes the autofocus related controls (see *Figure 5.1*), the Focus Modes (such as *Single AF* (AF-S) and *Continuous AF* (AF-C), the focus points and AF-Area Modes (such as *Single-Point AF, Dynamic-Area AF*, and *Wide-Area AF*), and the autofocus related menu and Custom Setting items which customize how the AF system works. You will select a Focus Mode generally based on whether the subject is still or moving, and select an AF-Area Mode based on where and how you want the camera to locate and focus on your intended subject - ranging from a single point, to a Dynamic-Area or Wide-Area, to all the available points. You can set the Focus Modes and AF-Area Modes in a variety of combinations based on what and how you are shooting.

The autofocus system of the Nikon Z 8 differs from what you may be used to with a dSLR camera. The AF system makes use of on-sensor phase-detection AF for quick autofocusing, as well as contrast-detection AF for additional fine-tuning and accuracy. Since the AF system makes use of the sensor itself to focus, properly focused images (using lenses fully compatible with the Z 8 AF system) should always be in-focus, without back-focus or front-focus issues. This also allows for AF Points to be located across nearly the entire frame. So rather than the 55 selectable AF Points of the D850, for example, the Z 8 boasts 493 AF Points covering 90% of the frame.

With such a large number of AF Points, the AF Area Modes will also differ from a dSLR. While there are still the *Single-Point AF, Dynamic-Area AF* (*S, M,* and *L*), *3D-Tracking, and Auto-Area AF* Area Modes, there are also the *Pin-Point AF, Wide-Area AF* (*Small*), *Wide-Area AF* (*Large*), and *Wide-Area AF* (*C1*) and (*C2*) Area Modes where you can customize the size of the AF Area. The *Wide-Area, 3D-Tracking, Subject Tracking* (*for video*), and *Auto-Area AF* Area Modes can be used with Subject Detection of *People, Animal, Birds, Vehicles,* and *Aircraft*. If you are photographing people or animal subjects (dogs and cats), and their eyes or faces will be visible, Subject Detection will greatly assist you in locating, focusing on, and following these subjects.



Figure 5.1 - Autofocus controls and other shooting-related controls of the Nikon Z 8.

If you allow the camera to autofocus by automatically choosing its own focus point(s), such as when using *Auto-area AF* or *Wide-area AF* (*L*) Area Modes, it typically focuses on the closest object or subject. This may or may not be what you want to focus on, so you can select or at least narrow down where the camera focuses using the *Single-Point AF* or a small *Wide-Area AF* group of points. By doing so you are telling the camera exactly where to autofocus or where to look to find a moving subject to track.

Be sure to read the **Menus and Custom Settings** section first to make sure your camera is properly set up to make use of all the autofocus points, and various other recommended autofocus settings. Most of these settings are in the Custom Setting *a: Autofocus* menu.

Autofocus works in part by looking for contrast so try to focus (locate your focus point as you view it in the Viewfinder) on a texture or a detail with a pronounced line or some amount of contrast between light and dark. It may not be able to focus on a large area of consistent color - such as a white wall or clear blue sky, or even a uniformly colored and illuminated shirt - or on a subject or scene that is too dark. It can be disrupted by regular patterns and fine detail, or confused when looking through close objects to objects farther away, such as looking through a screen or fence. And it sometimes fails to work well in highly contrasting or dim light.

Because the Z 8 is a mirrorless camera with an electronic Viewfinder and without a separate AF sensor, autofocusing when working in Live View, in Movie Live View, and through the Viewfinder will all be similar.

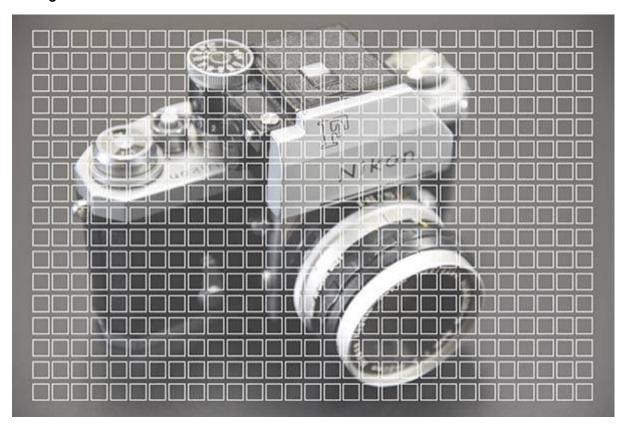


Figure 5.2 - Simulated view of the Nikon Z 8 Viewfinder, showing the location of all 493 AF Points. Note that you will not actually see all 493 AF Points in the Viewfinder or on the Monitor, only the active point or area.

When discussing autofocusing, I will assume that Custom Setting a6 - AF Activation is set for Shutter/AF-ON, so that both the Shutter Button and the AF-ON Button can be used to initiate and/or lock autofocus. The exception to this is when I discuss **Back-Button Focusing** and **Trap Focus**, where I will specify that Custom Setting a6 be set for AF-ON only, so that only the rear AF-ON Button is used for focusing and not the Shutter Button.

Before diving into the autofocus system, I'll briefly explain how autofocus point selection works. You will select your desired autofocus point (also called focus point or AF Point) using the Multi Selector thumb pad or the Sub-Selector joystick, as you look through the Viewfinder. Using Custom Setting f2 - Custom Controls, you can assign the Sub-Selector Center press or the OK Button to the Select center focus point option so that you can also press this control to select the center AF Point.

Use the *Focus Mode* item of the Photo Shooting Menu or the i Menu to set the Focus Mode to *AF-S* (Single AF), and use the *AF-Area Mode* item of the Photo Shooting Menu

or the i Menu to set the AF-Area Mode to *Single-Point AF*. You can also press the Focus Mode Button and set the Focus Mode to AF-S (Single AF) using the rear Main Command Dial, and set the AF-Area Mode to Single-Point AF using the front Sub-Command Dial. Look at the rear Monitor or Viewfinder to view the settings as you change them.

- 1. Set the Shooting Mode to P (Program), or to the mode of your choice if you are familiar with them.
- 2. Tap the Shutter Button with a half-press to wake up the camera and start the exposure metering.
- 3. Looking through the Viewfinder or at the Live View scene on the rear Monitor, use the Multi Selector thumb pad or Sub-Selector joystick to select the focus point that is nearest to where you want to focus.
- 4. Place that point over your intended subject.
- 5. Press and hold the Shutter Button halfway down and see that point turn green. You have locked the focus.
- 6. Keeping the Shutter Button pressed halfway so that focus remains locked, recompose if necessary, and take the shot by fully pressing the Shutter Button.

You can also press and hold the AF-ON Button to focus, and then keep it fully pressed as you recompose and then press the Shutter Button to capture the image.

If the camera does not take the photo, the camera may not be finding something to focus on, may not be finding enough contrast to lock in on, the lighting may be too dim, or you may be too close to your subject for the lens to focus.

Although some people are in the habit of using only the center focus point, there are reasons to make use of all the focus points and not just the center one all the time, which will be discussed. It may sound difficult to manually position the focus point each time, but it is actually very quickly done and will become instinctive. You may even start to set your AF Point as you approach a scene before even bringing your camera to your eye, using your thumb on the Multi Selector or Sub-Selector. For example, press right multiple times so that when you bring the camera to your eye, a far-right AF Point is already selected. And remember that Custom Setting a4 - Focus points used allows you to limit the number of selectable points, to perhaps make this process more manageable at first.

Touch Shutter

The touch screen capability of the rear Monitor allows you to tap the screen to focus on the subject or desired part of the scene (*Touch AF*), to both focus and release the shutter (*Touch shutter/touch AF*), or to merely position the focus point but not focus or release the shutter (*Position focus point*). Or you can turn this feature off. To enable this feature, tap the Touch Shutter icon, located near the lower-left of the Live View screen.

Tap it repeatedly to choose your desired setting (see *Figure 5.3*). If *Touch shutter/touch AF* is enabled, touching the screen will position the AF Point and focus at that area, and removing your finger will release the shutter. The *Touch AF* setting will simply select the area of focus and will autofocus when you touch the screen, but will not release the shutter. The *Position focus point* setting will select a focus point, but will not focus or capture the image, you will need to use the Shutter Button or AF-ON Button to focus, and press the Shutter Button to capture the image. The *Off* setting will disable this feature.





Figure 5.3 - Repeatedly tap the Touch Shutter icon (on the left side of the screen) to enable its different options. Left: Here it is being set for "Touch shutter/touch AF", which will enable you to tap the screen to focus and release the shutter. Right: The "Touch AF" setting will allow you to focus by tapping the screen, but the shutter will not be released. The "Position focus point" option will merely locate the AF Point, but will not focus or release the shutter.

You can use the Touch Shutter with the various AF-Area Modes, to locate the AF Point or area, select the desired face, or select the desired subject for tracking. To select a face or eyes, first set the AF-Area Mode for *Wide-area AF*, *3D-Tracking*, or for *Auto-area AF*. Then when you touch the Monitor to focus, the camera will focus on the face or eye closest to that point. If *Touch shutter/touch AF* is enabled, you can also use the Shutter Button to take the image. And you will need to use the Shutter Button if you are using one of the Continuous Release Modes, as the Touch Shutter will only take one image.

5.2 Focus Modes

The Z 8 has two different Focus Modes to choose from for still image shooting, *AF-S* and *AF-C*. You will typically make your selection based on if your subject is still, or if it is moving and you wish to track its movement and remain continuously focused on it. There is an additional Focus Mode available for video shooting, called *AF-F*, which will be explained. The camera also has several different autofocus AF-Area Modes (discussed in the next section) to specify The size of the AF Point or AF Area that is active, and how they follow or track a moving object. You can set these two functions in various combinations. First the Focus Modes will be explained. Select the Focus Mode

in the Photo Shooting Menu, or via the i Menu. Using the i Menu, highlight the Focus Mode item, and press the OK Button to view and change the setting, as you view it on the rear Monitor or in the Viewfinder (see *Figure 5.4*). Or highlight the item, and turn the rear Main Command Dial to change the setting directly on the screen (see *Figure 5.5 - left*). You can also press the Focus-Mode Button on the front of the camera and rotate the rear Main Command Dial to change the Focus Mode setting, while viewing the settings on the rear Monitor or in the Viewfinder. The front Sub-Command Dial can then be used to change the AF-Area Mode (see *Figure 5.5 - right*).





Figure 5.4 - The Focus Mode setting can be found on the i Menu (left). Highlight that icon and press the OK Button to view and change the setting on the rear Monitor or in the Viewfinder (right).





Figure 5.5 - Left: Or after highlighting the Focus Mode icon on the i Menu, turn the rear Main Command Dial to view and change the setting. Right: Or you can press the Focus-Mode Button on the front of the camera and turn the Command Dials to view and change those settings on the rear Monitor or in the Viewfinder. Use the rear Main Command Dial to change the Focus Mode and the front Sub-Command Dial to change the AF Area Mode. Here the Focus-Mode Button is being pressed and so the AF settings are seen in yellow at the top of the screen.

Single AF (AF-S)

Use this mode when your subject is stationary and not going to move. It can also be used if your subject is not going to move very much, or if the distance between you and the subject is not going to change between the time you lock focus, recompose, and take the shot. Lock focus on the subject by half-pressing the Shutter Button (or pressing and holding the AF-ON Button) and recompose if necessary. This mode can even be used for moving people or subjects if you quickly take the shot after establishing or locking focus. When using AF-S, you can select from these AF-Area Modes: Pinpoint AF where you select a small focus point, Single-Point AF where you select a focus point, Wide-Area AF (S) or Wide-Area AF (L) where you select a focus area, Wide-Area AF (C1) or Wide-Area AF (C2) where you select a focus area that you can customize the size, or Auto-Area AF, where the camera selects the AF Point(s) for you. The Wide-Area AF and Auto-Area AF Focus Modes can also take advantage of subject detection, and will select a subject within that area. You will select the type of subject to detect in the Photo Shooting Menu > AF subject detection options, with the options of Auto (automatic), People, Animal, Birds, Vehicle, Airplanes, or Off. When People, Animal, or Birds is selected, the camera will detect the subject's face or eye.

For still subjects, I suggest you select an individual *Single-Point* AF point and position it at the subject, so that the camera autofocuses exactly where you want it to. Or when photographing people and animals, take advantage of a customed sized *Wide-Area AF* (C1 / C2) along with subject detection, position the AF area over the subject, and let the camera locate the subject, such as a face or eye. Ensure that the camera is focusing on the desired face or eye before locking focus and taking the photo.

Focus on your subject and lock focus by pressing the Shutter Button halfway. The active AF Point will turn from red to green, and the camera will beep if you have the Beep function enabled. If subject detection is enabled with *Wide-Area AF* or *Auto-Area AF*, the camera will place an autofocusing frame around the subject, face, or eye. Continue to press the Shutter Button all the way to take the shot. If you half-press the Shutter Button to lock focus on your subject, the camera will remain focused at that distance as long as you keep half-pressing the Shutter Button. Or you can press and hold the AF-ON Button to lock focus. You can recompose the shot as you wish and then fully press the Shutter Button to take the photo. Again, if the camera does not take the photo, the camera may not be finding enough contrast to focus on, you may be too close to your subject for the lens to focus, or the lighting may be too dim for the AF system to work well. When using *Auto-Area AF*, if the camera detects multiple subjects, grey focus points will appear at the other subjects. Press left or right on the Multi-Selector to choose a different subject.

However, if you are photographing a subject that is approaching or receding from you at a relatively constant rate, or photographing fast or erratic or unpredictably moving subjects, or photographing sports, action, or wildlife you will usually want to use Continuous AF (AF-C) Focus Mode.

Continuous AF (AF-C)

This mode, used in conjunction with the various AF-Area Modes, can help you to capture images of action and motion (see *Figure 5.6*). To take full advantage of this mode you will need to also understand the AF-Area Modes, as described in the **Autofocus AF-Area Modes** section next. Continuous AF mode is used to track and maintain continuous focus on moving subjects, and is ideal for capturing sports and wildlife including birds. If the subject is moving towards you or away from you, the camera will keep evaluating the focus distance. And if the subject is moving from side to side or throughout the frame, the camera can track it as it passes from one AF Point to other ones (depending on the selected AF-Area Mode and Subject Detection setting). Custom Setting a3 - *Focus tracking with lock-on > Blocked shot AF response* will even allow you to tell the camera exactly how fast to react to changes in focus distance, in order to refocus on a subject at a different distance or to retain focus on the same subject.



Figure 5.6 - Continuous AF (AF-C) Focus Mode can be used to track and retain focus on a moving subject, such as this blue heron taking flight. Shutter speed 1/1600, Aperture f/4.0, ISO 640.

In addition to the AF-Area Modes available for AF-S, when using AF-C you can also make use of *Dynamic-Area AF (S)*, *Dynamic-Area AF (M)*, *Dynamic-Area AF (L)*, *3D-Tracking*, and *Subject-Tracking AF* (video only). You first need to position the AF Point or Area over the subject and press the Shutter Button half-way. Or you can press and

hold the AF-ON Button. The autofocus will differ based on subject detection being enabled or not.

If subject detection is turned off: The camera will determine what to focus on. As long as you keep the selected AF Point on the subject and the Shutter Button pressed halfway or the AF-ON Button pressed, the camera will continuously evaluate the focus distance so that the subject will be in focus when the shot is taken. The camera will only focus within the active AF Area, and will not follow a subject around the frame unless 3D-Tracking or Auto-Area AF Area mode is in use. You will need to move the camera to follow the subject and keep it located at the active AF Point. If the subject is going to be difficult to keep located as a single AF Point, you can use the Dynamic-Area AF Area Modes so that the surrounding points will help retain focus if the subject temporarily moves away from the selected focus point. Or you can use one of the Wide-Area AF Area Modes so that a larger area of AF Points will be used to focus-on and track the subject.

If subject detection is enabled: If you want the camera to identify and follow a specific type of subject, you can make use of subject tracking. Choose the type of subject you wish to track in the *Photo Shooting Menu > AF subject detection options*, with the options of *People, Animal, Birds, Vehicle*, or *Airplanes*. To use subject detection, you will need to set the AF-Area Mode for one of the *Wide-Area AF* options, *3D-Tracking, Subject-Tracking AF* (video only), or *Auto-Area AF*. I suggest using a custom-size *Wide-Area AF* area that is small enough to locate only around your desired subject. Half-press the Shutter Button and the camera will identify a subject and place a focusing frame around it. Or you can press and hold the AF-ON Button to initiate subject tracking. You will need to continue pressing the button for tracking to continue, then fully-press the Shutter Button to capture the image. When using one of the Wide-Area AF options, the camera will only detect and follow a subject that is located within the AF Area, and will not follow it around the entire frame. Make use of *3D-Tracking* or *Auto-Area AF* if you wish to follow a subject around the entire frame.

This subject tracking of AF-C will even work in conjunction with continuous shooting. If you keep the Shutter Button fully pressed and continue to take photos, even at multiple frames per second, the camera will (ideally) keep focusing on the moving subject. As you can imagine, this is effective for tracking a player running across a field, a dog running toward you, a toddler in action, or a bird moving across the frame. Note that when shooting with Continuous High or Continuous High (extended), not every shot may be in sharp focus as the camera's AF system sometimes can't keep up and accurately predict the subject's speed or location. And the AF system can lose focus if it is not finding enough contrast such as in lower-light situations.

If you only intend to use one of the Focus Modes, you can use Custom Setting a9 - Focus Mode Restrictions to limit the Focus Modes to just one, either AF-S, AF-C, or manual focus. If a9 is set for one of the Focus Modes and not set for No restrictions, then you will not be able to change the Focus Mode when using the Focus-Mode Button.

What Readers are Saying About Doug's Previous Guides:

A well written, professional helpful guide - Brilliant, just what I was looking for! A manual that was exciting, clear to follow, had examples and was used by a professional who gave just the right amount of technical with explanations of why you use those settings, when to use those settings, all properly explained. The book is a revelation, well thought through and well written. -R.D.C.

All I Need - I have been using Nikon dSLR cameras for many years. In all this time I have never come across a publication which complements the rather soulless and complex user manual so well. Your excellent work is all I need to exploit the potential of this amazing dSLR.
-Martin D.

Really Practical and Tremendously Helpful - Readers of this e-book can expect to benefit from a more rewarding photographic experience using this superb camera, and be better able to exploit its potential to match their personal objectives and photographic style. Highly recommended.

-M.M.

This is the most helpful manual I've ever used. No serious Nikon camera user should be without this. I find it very easy to find what I need and even easier to understand. -S.B.

Really Focuses on the Why - I found the Nikon manual good for understanding how to set things up but not much on the why - this book really focuses on the "why." -Benoit A.

It's clear, concise and gets to the heart of the camera's multiple and often confusing options. Very highly recommended - for experienced user and beginner alike.
-G.S.A.

A Must-Have Accessory - What a great addition to my bag. This is a well written, full body of work that explains, in plain English, how to get the most out my new camera. Doug provides the knowledge and experience to bring you to the next level. I look forward to learning more every time I open the book.

-Steven

A Pro Right There with You - If you want to get the camera up and running with the feeling of a pro right there with you then I would strongly recommend it. His explanation is first class and he explains how various custom settings are related to each other. All in all a great read. Camera in one hand and reader in the other and dig in.
-Tim S.

Purchase Nikon Z 8 Experience at: http://www.fullstopbooks.com/nikon-z-8-experience/

About the Author



Douglas Klostermann is a travel, culture, and humanitarian photographer, as well as the author and publisher of *Full Stop* e-book camera guides including the best-selling *Nikon D850 Experience* and *Nikon Z 7II / Z 6II Experience*. He has photographed for numerous organizations in the United States and Latin America, been recognized by the *United Nations Development Programme* for his humanitarian photography, and been published in magazines, books, and websites including *Conde Nast Traveler, Sherman's Travel, NationalGeographic.org, South American Explorer,* and *Viva Travel Guides*. Doug is a member of the North American Nature Photography Association (NANPA).

Learn more about photography techniques and equipment on his blog *Picturing Change* at:

http://blog.dojoklo.com/,

view his e-books and photography at:

http://www.fullstopbooks.com and www.dojoklo.com,

follow him on Twitter at:

@dojoklo,

and join his Nikon Z Experience Facebook page at:

https://www.facebook.com/groups/nikonz7z6z5.